



Muslim Essentials Program Brochure

Term 1 (9 weeks)

Qur'anic Tafseer

The knowledge of Ulūm al-Qur'ān, or 'The Sciences of the Qur'an' deals with the knowledge of those sciences that have a direct bearing on the recitation, history, understanding and implementation of the Qur'an. Students will learn the causes of revelation the knowledge of Makki and Madani revelations (asbab an-nuzul), the knowledge of the various forms (ahruf) it was revealed in, the understanding of its abrogated rulings and verses (nasikh wal-mansukh), the knowledge of the various classifications of its verses (muhkam and mutashabih, 'am and khas, mutlaq and muqqayad, etc.) and the knowledge of its interpretation (tafsir).

Aqīdah

This subject provides an overview of Islamic fundamental beliefs and worldview with particular reference to the Qur'an and the Prophetic narrations (hadith). The Islamic concept of God and the understanding of human nature will be addressed, together with the creation story according to the Qur'an, the unseen world, revelation, prophethood and the Prophet Muhammad, and other fundamental Islamic doctrines and beliefs.

Prophetic Sīrah

Students will cover the events which occurred in the life of the Prophet SAW from his birth to the end of his life. The purpose of this course is to provide insight into the mannerisms, ethics, teachings, and examples of prophetic life. Seerah contributes to the holistic understanding of other sciences such as hadith and Qur'anic sciences, by adding a layer of context. Students explore the Prophetic interactions with society, religion, and many facets of his life that contribute to better understanding and loving him (S). Students will explore the challenges which the Prophet SAW faced and how he and his companions dealt with them.

Sacred Law I

Sacred Law offers a methodical progression to the study of Fiqh. Students first engage with pertinent topics surrounding the often misunderstood concept of Sharī'a, its principles and practices. The subject seeks to explain the meaning, scope, and sources of Sharī'a while demonstrating its applicability, contemporary relevance, and dynamic nature.

Term 2 (9 weeks)

Making of the Modern Mind

This subject provides an overview of major thinkers, ideas, and disciplines that have shaped the intellectual background of the present age and the Western worldview.

It addresses the historical, socioeconomic and political contexts of the Western intellectual tradition, while challenging Eurocentric notions of truth and civilization. Covering Plato to Postmodernism, students will gain the tools to locate and analyse ideas genealogically through intellectual epochs: Antiquity, Classical, Modern and Contemporary. Students will be introduced to topics through academic texts, popular articles, literature, and the arts.

Islamic Civilisation



This course will journey through Islamic history from the beginnings of Islam to the modern period, exploring the key ideas, movements and thinkers that shaped it. Rather than merely covering facts and dates, the course will focus on developing a deep understanding of Islamic civilisation as a whole. Key concepts and ideas that developed in Islamic civilisation will be studied, with a particular focus on the Islamic sciences. Attendees will also explore the diverse groups and ideas that have existed over time until the present day, and how these can be navigated in the modern context.

Intro to Hadith

This course is an introduction to the sciences of Hadith. Students will be introduced to the methodology of the scholars of hadith in authenticating and categorising reports. Students will gain an understanding of the major works in this science and become with Hadith terminology. Students will also study Arbaʿīn al-Nawawī (Nawawī's 40 Hadith) during a one day intensive.

Sacred Law II

Sacred Law II presents an overview on the relationship between Sharīʿa and Fiqh before transitioning into the normative study of Fiqh. Students will study the historical development of fiqh, its higher objectives, the legal maxims that aid Jurists (fuqahaʿ) in formulating rulings, the madhab construct, the significance of culture, legal disagreement and its etiquettes, among others.

Term 3 (9 weeks)

Islamic Community

The subject covers the core Islamic institutions that are essential for a prosperous society. Topics covered include: - Settlement and Formation of Islamic Community - Islamic Scholarly Class: Sciences, Institutions and Practitioners - Forms of Society - Masjid and Zawiya: Moral and Spiritual Growth - Household System and Family - Moral Economy: Simplicity and Reciprocity (Historical Institutions and Practices) - State and Political Community: Institutions - Education: Maktab (Primary Ed.) and Madrasah (Higher Ed.) - Labour, Technology and Recreation

Islam & Science

This course covers the various aspects of the emerging field known as Islam and Science. It will cover key important discussions that impact Muslims' beliefs in relation to scientific developments. These will include the relationship between science and religion, laws of nature, miracles, big bang, design arguments, and evolution. The course will introduce you to the emergence of Islam and science, and the Islamisation of the sciences. It will take you through scientific miracles in the Qur'an, developments in the history of science, laws of nature, evolution and its challenges, randomness and God's providence. Science has made significant impacts on religious traditions with Islam being no different. This course will help present those interfaces with clarity along with ways of addressing those concerns.

Purification of the Heart

The heart is the most crucial part of the body and is directly connected to one's soul. This Purification of the Heart (Tazkiyah) course will read and reflect on texts by Imam Ghazali. This course will explore the self in detail, from the diseases of the heart to the plots of shaytan and the concept of Tazkiyah. The objective of these readings is to train the seeker of knowledge by helping them learn practical tools to purify their hearts and build a stronger relationship with Allah SWT.



Islamic Psychology & Wellbeing

This course covers various topics that develop a general understanding of the mental health challenges faced by the Muslim community from an Islamic perspective. It covers an overview of the concept of Islamic Psychology and the Islamic model of Self, followed by an introduction to the practice of Islamic Counselling including how to support Muslims within an Islamic framework. The course will support the development of practical skills that include counselling & listening Skills, Active Listening & Empathy, Anger Management, Stress, Anxiety & Depression. Overall, the course will present a faith-based theoretical understanding of psychological well-being and support the development of good counselling skills in the community

Term 4 (4 weeks)

Term 4 is dedicated to a Theory or Application Component. Students are required to either produce a research project that explores a topic related to their study interests, complete a certificate in Chaplaincy or undergo khateeb training.

1. Research
2. Chaplaincy
3. Khateeb Training

** Each weekly lesson is 70 minutes. Classes are held on Tuesday and Thursday nights.*

** Depending on prayer times, class times will start and end anytime between 6:00 pm - 9:00 pm.*

** Please note that the curriculum subject and content may be subject to change.*